

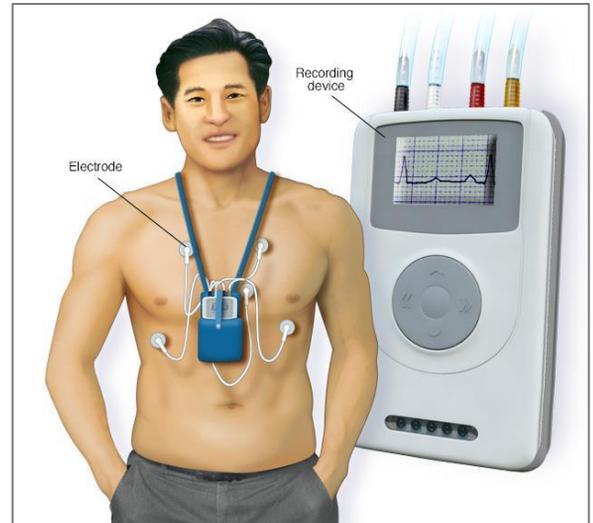
24-hour ECG Holter Monitor



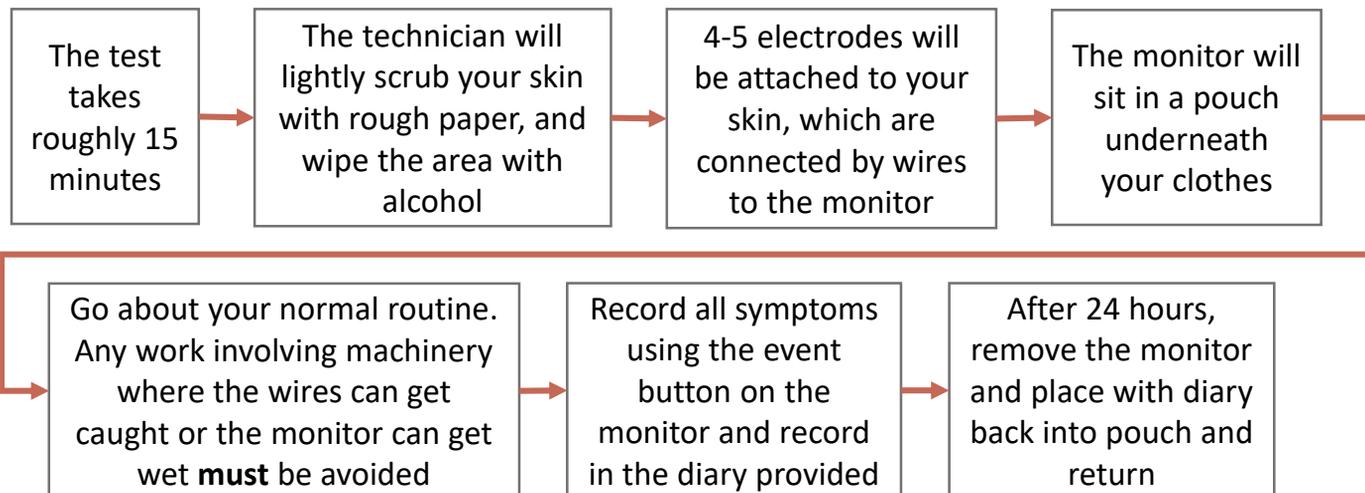
Why do I need this test?

The Holter monitor is used to detect any abnormal heart rhythm over 24 hours. This is different to a regular ECG that only records at one point in time. Your doctor may recommend this test if you have the following symptoms:

- Dizziness or fainting
- Arrhythmias, e.g. palpitations, heart racing, skipping a beat, irregular heartbeat
- Shortness of breath
- Chest pain



What can I expect during the test?



What are the risks of the test?

The abrasion and sterilization of your skin may sting a little and leave red patches. This is normal and will take a couple of days to disappear. Some patients with extra sensitive skin may develop small blisters from the gel used on the electrodes. This is rare and will heal quickly.

How do I prepare for the test?



You cannot shower while wearing the monitor



For men, some hair on your chest may need to be shaved by the technician to help electrodes stick to the skin



Please bring along a \$50 security deposit in either cash or card (in case the monitor is returned late or has been damaged). This will be refunded to you after 24 hours once the monitor is returned