

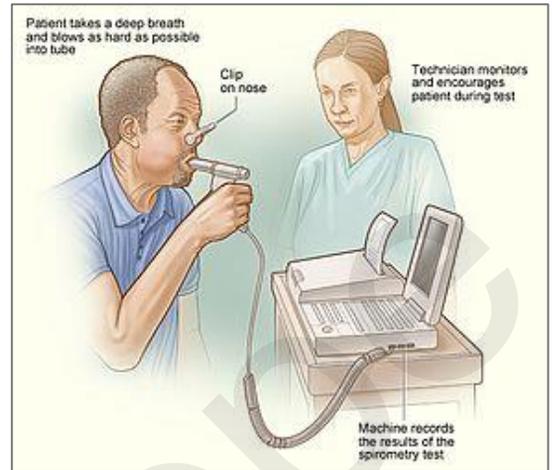
Lung Function Test



Why do I need this test?

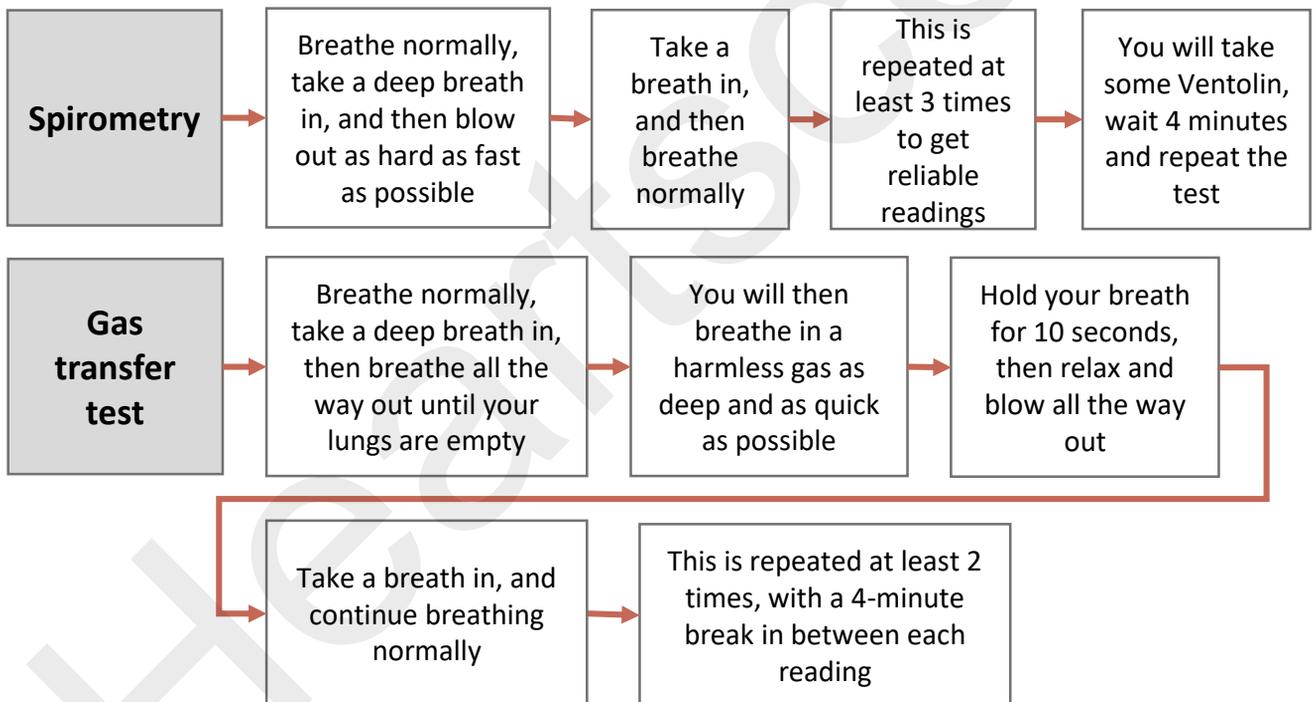
A lung function test is a non-invasive test that examines how well your lungs are working. Your doctor may recommend this test for the following reasons:

- To diagnose certain lung conditions such as asthma, chronic obstructive pulmonary disease (COPD) or emphysema
- If you are experiencing chronic shortness of breath



What can I expect during the test?

The test will take approximately 30 minutes, with 2 parts:



What are the risks of the test?

As you will be exerting your lungs, you may feel temporarily out of breath, dizzy, coughing, or experience an asthma attack brought about by deep inhalation

How do I prepare for the test?

It is very important that you adhere to the following preparation:



No smoking 6 hours before the test



Certain medications for your lungs (puffers or inhalers) need to be stopped before the test. **Please see the list on the next page:**

STOP THESE MEDICATIONS 12 HOURS BEFORE THE TEST

-
- | | | |
|---|-------------------------------------|------------------------------------|
| <input type="checkbox"/> Alvesco | <input type="checkbox"/> Flixotide | <input type="checkbox"/> Seretide |
| <input type="checkbox"/> Anoro | <input type="checkbox"/> Flutiform | <input type="checkbox"/> Serevent |
| <input type="checkbox"/> Atrovent | <input type="checkbox"/> Incruse | <input type="checkbox"/> Singulair |
| <input type="checkbox"/> Beclomethasone | <input type="checkbox"/> Onbrez | <input type="checkbox"/> Spiolto |
| <input type="checkbox"/> Breo | <input type="checkbox"/> Oxis | <input type="checkbox"/> Spiriva |
| <input type="checkbox"/> Breo-Ellipta | <input type="checkbox"/> Pulmicort | <input type="checkbox"/> Symbicort |
| <input type="checkbox"/> Bretaris | <input type="checkbox"/> Salmeterol | <input type="checkbox"/> Ultibro |
| <input type="checkbox"/> Brimica | <input type="checkbox"/> Seebri | |
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STOP SMOKING 6 HOURS PRIOR TO THE TEST



STOP THESE MEDICATIONS 4 HOURS BEFORE THE TEST UNLESS ABSOLUTELY NECESSARY

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- | | | |
|----------------------------------|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Airomir | <input type="checkbox"/> Brezhaer | <input type="checkbox"/> Ventolin |
| <input type="checkbox"/> Asmol | <input type="checkbox"/> Bricanyl | |
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Please advise the technician if you:

- Have had eye surgery, chest surgery or abdominal (belly) surgery in the past 6 weeks
- Currently have chest pain, or have had a recent heart attack or an unstable heart condition
- Have active tuberculosis (TB) or respiratory infection such as a cold or the flu
- Have bulging blood vessel (aneurysm) in the chest, abdomen or brain